

6 BENEFITS



YOU MAY NOT KNOW ABOUT



TELADOC

A convenient and affordable way to speak with a licensed doctor 24/7 by phone or video for common health issues.

Doctors can diagnose conditions such as allergies, skin rashes, flu/cold symptoms and more.

For more information click [here](#).



EMPOWER 401K

We all want to retire one day. Start contributing as little as 1% to your 401k.

TQL will match up to half of the first 6% you contribute. *To receive the match, you must be employed on the last day of the year and work 1,000 hours in the plan year.

For more information click [here](#).



EMPLOYEE ASSISTANCE PROGRAM

A program offered through TQL that provides employees with therapy sessions for both work and personal hardships.

The first 3 sessions are paid for, with the option to continue through insurance.

For more information click [here](#).



VOYA TRAVEL ASSISTANCE

Did you know this is a free benefit offered to all employees?

If you need medical assistance while traveling, Voya Travel Insurance can help.

Use for yourself or your dependents.

For more information click [here](#).



WELLNESS BENEFIT

Did you see a doctor this year? If so, [file a claim](#) and receive \$50.

Filing a claim takes less the 2 minutes.

**Must be enrolled in the Critical Illness and/or Accident Plan.*

For more information click [here](#).



FUNERAL ASSISTANCE

While you can't predict life's outcomes, you can prepare for it.

Use this benefit to plan a funeral for a spouse, domestic partner or an employee's dependent up to the age of 26.

For more information click [here](#).

HAVE QUESTIONS? REACH OUT TO HRBENEFITS@TQL.COM

Scan the QR code to view our full list of benefits >

